

# FINISHER

**FRED LUONGO**

HAS COMPLETED THE

**5K RUN**

IN THE

**5th Annual Heart & Soul 5K**

WITH AN OFFICIAL TIME OF:

**00:23:33**

OVERALL: 23 / 194

GENDER: 17 / 103

AGE GROUP: 2 / 7

PACE: 7:35/mile

ITS YOUR **RACE**